

Yoga Utsav -2017

REPORT

EVENT- YOGA UTSAV -2017

PLACE- LAKULISH YOGA UNIVERSITY AHMEDABAD.

With the co-operation of Ayush Mantralay, Government of India, yoga utsav-2017 had been arranged from 24 to 26 February, 2017 by Lukulish yoga university, Ahmedabad. In that **State Level Inter University Yogasan competition, Shri Somnath Sanskrit University participated and got the first rank in Yoga and third rank in quiz competition.** During this three days Yoga Utsav, students practised many things related to Yoga such as Pranayam, training of Aasan, poster presentation and Yogasan competition. Also students did Yogic treatment practices as under fixed guideline and participated in workshop related Yogic treatment. Students improved their knowledge of Yoga by taking part in the speech program delivered by the subject expert invited by the organizer. The students of M.A. Yoga section participated in this Yoga Utsav 2017. Team manager Dr. Jayesh D. Mungra and Coach Drashti Baraiya joined with those 10 women participants in that competition. University family expresses congratulations to the students who participated and got winning rank.

Sr.No.	Name Of Participant	Class
1	Vala Alpa Rajabhai	MA Yog- 1
2	Vagh Vaishali Kesurbhai	MA Yog- 1
3	Kachot Dharamben Masaribhai	MA Yog- 2
4	Vasara Payal Virabhai	MA Yog- 2
5	Lakhnotra Jyotsna Bhimabhai	MA Yog- 1
6	Gamit Rinkalben Arunbhai	MA Yog- 2
7	Gagiya Jayshree Karabhai	MA Yog- 1
8	Gamit Priyanka	MA Yog- 2
9	Kachchhava Varshaba Pratapsinh	MA Yog- 1
10	Ram Dhrutiben Jadavbhai	MA Yog- 1

